**Things to Consider**

**FRESHMEN (finding resources and opportunities)**

Have you explored the available resources on campus?
What are at least 10 resources that interest you?
What do you need to manage your time wisely?
What study skills do you need to improve to meet the more rigorous and challenging expectations of a college student?
How will you decide what your priorities are?
What resources (programs, people, etc) do you have to deal with stress?
Have you thought about what you would like your undergrad experience to look like?
What are your goals for this year?
What are your long term goals for the remaining college years?
What are your long term goals beyond college?

**SOPHOMORE (taking bigger action steps and taking advantage of opportunities)**

What type of internship and research experiences will move you in the direction of your academic or career goals?
How will you begin to select opportunities which will help you determine your future academic and career goals?
Is your undergrad experience what you would like it to be? If not, what will you change so you can create the experience you want?
Are you keeping your priorities straight? If not, what do you need to do to reassess your priorities?
What big action will bring you closer to your long term goals?
What are your goals for this year?
What are your long term goals for the remaining college years?
What are your long term goals beyond college?

**JUNIOR (clarifying goals)**

How are you preparing for your next steps after graduation?
How are your current academic and overall college experiences informing your future decisions?
What does your “profile” look like? What is it saying about you?
What are your goals for this year?
What are your long term goals for the remaining college years?
What are your long term goals beyond college?

**SENIOR (reassessing and taking next steps)**

What will be your culminating experience(s) for your undergraduate career?
How have you grown since the beginning of your college career?
What will you take with you from your college experience?
Now that you have met all or most of your college goals, what are your next goals?
What are your goals for this year?
What are your long term goals for the remaining college years?
What are your long term goals beyond college?